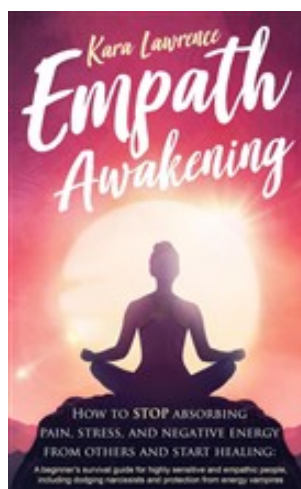


Empath Awakening - How to Stop Absorbing Pain, Stress, and Negative Energy From Others and Start Healing: A Beginner's Survival Guide for Highly Sensitive and Empathic People



Kara Lawrence

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Are you are the one others come to when they need to share their problems, as if they are drawn to you? Afterward, do you sometimes feel exhausted, even though the pain is not your own? Do you know what its like to be in a crowded room and suddenly be struck with an overwhelming feeling of fear, sadness, or loneliness?



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